

Findings from a Scoping Review on Community-led Responses for Sexual and Reproductive Health

Summary: This policy brief is focused on how strong community leadership and better laws and policies act as positive determinants of sexual and reproductive health and rights. There is a strong evidence base on the benefits to health that result from community-led responses and better laws and policies. Improving laws and policies is particularly crucial for realising the full potential of community-led responses in advancing sexual and reproductive health and rights. At the same time, community-led responses are an important means of reforming and reinforcing reforms in law and policy as well as realising progress on the broader determinants and enablers of sexual and reproductive health and rights. To unlock these mechanisms for change, more and better investment in community-led responses is needed. This is because inadequate, unreliable, and overly prescriptive funding poses a barrier to the high-quality and high-ownership community-leadership required in the responses to our world's sexual and reproductive health challenges.

OVERVIEW

The Global AIDS Strategy 2021-2026 recognises that ending inequalities affecting key and vulnerable population is essential to the HIV response. It makes this aspiration concrete in the 10-10-10 targets for reducing the societal barriers to the realisation of sexual and reproductive health and rights. At the same, the 30-80-60 target aim to uphold community-led responses as indispensable societal enablers of the same rights. The two sets of targets are interlinked with community-led responses needed to remove impediments to HIV responses and with progress on the societal enablers—in particular, better legal environments—also a facilitator of community leadership.¹

Given the explicit connection drawn between empowered community leadership and progress on societal enablers in the Global AIDS Strategy, the Love Alliance commissioned a scoping review to take the HIV response as a case study for looking at how, across sexual and reproductive health, better investment in community-led responses and reforms to rights-denying laws can unlock progress. In the scoping review, we aimed to:

1. Outline evidence on resource requirements and benefits of community-led responses for sexual and reproductive health and rights (aim one)
2. Put this evidence into context with a mapping of the literature on the benefits or costs of good or bad laws, policies and practices (aim two).

We approached these aims with a systematic scoping review (the Review) of scientific and grey literature supported by engagement and consultation with community partners and experts. In pursuing these two aims we explored sources on each point independently and then brought them together to show how the 30-80-60 community leadership targets and the 10-10-10 societal enabler targets support one another—for a summary of the targets, see the upcoming section, and for their full details see [Annex 1](#). A particular focus was the “60” of the 30-80-60—i.e., 60% of all programmes for the achievement of societal enablers are to be delivered by community-led organisations.

The following policy brief extracts the key actionable findings from the Review and supplements them with additional findings drawn from supportive and complementary sources that provide important context.

Definitions

Determinants of sexual and reproductive health and rights

By definition, “determinants of health” are neutral in their meaning. They are conditions in the environments of people that affect their health or, in this case, their sexual and reproductive health and rights. These determinants can be harmful or beneficial, as well as both harmful and beneficial. Determinants of health can affect people unequally with the measure of harm or benefit differing between people and groups of people.

Societal enablers of the HIV response

Within the global HIV response, societal enablers are pathways for removing impediments to HIV prevention, management and care including improved legal environments, reduced stigma and discrimination, and action to overcome gender inequalities and gender-based violence. Community leadership is also a societal enabler of the HIV response. These societal enablers target certain aspects of the broader social determinants of health, including legal determinants, and are applicable to other sexual and reproductive health challenges.

Legal determinants of sexual and reproductive health and rights

The legal determinants comprise laws, policies and practices that promote, fail to support, or undermine sexual and reproductive health and rights including rights-affirming and non-discriminatory measures as well as measures that are criminalising, discriminatory or stigmatising. Improved legal environments can have flow on effects for other social enablers. For example, harms result from both actively discriminatory and criminalising laws, policies, and practices as well as the absence of laws and policies for protecting and fulfilling rights.^{2,3,4,5,6} Similarly, the legal environment can be both an impediment to and enabler of community-led responses.^{7, 8,9,10,11,12,13}

Key and vulnerable populations

Key and vulnerable populations comprise those people who are, with respect to a particular sexual and reproductive health challenge, at an elevated risk and whose needs and rights should, as a result, be centred and upheld as part of the public health response. Within the context of HIV, key populations include people living with HIV, men who have sex with men, transgender people, people who inject drugs, sex workers and their clients while vulnerable populations and marginalised people include, at minimum, women and girls, in particular adolescent girls and young women, as well as incarcerated people and others living in closed settings.^{14,15}

Community-led responses

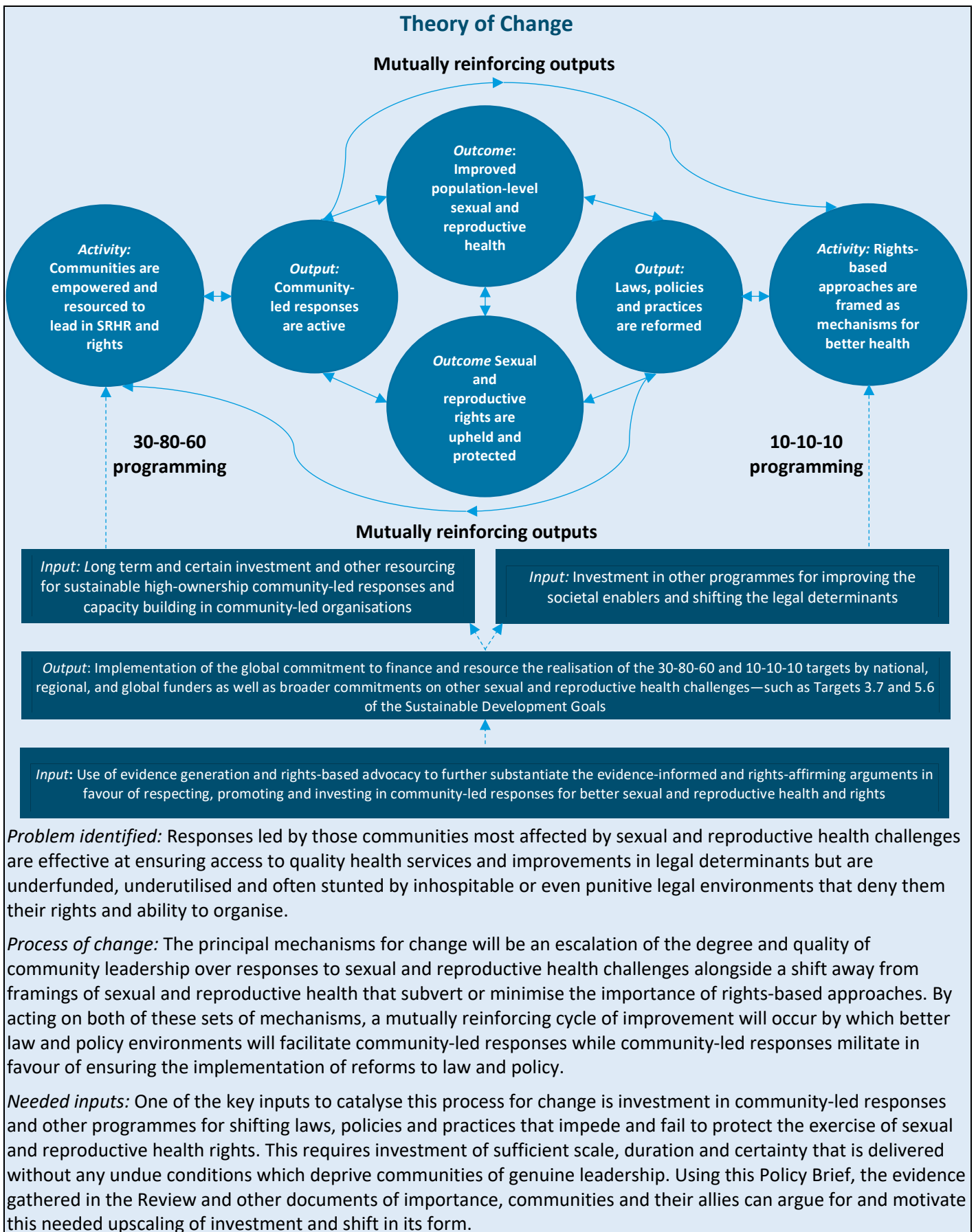
Community-led responses comprise a diverse set of interventions carried out at varying scales and levels but are all informed, implemented and determined by communities for their own members.¹⁶ Communities ensure their own sexual and reproductive health and rights by, inter alia, advocating for, delivering, designing and monitoring health services, designing, implementing and participating in research, and monitoring and advocating for human rights accountability as well as reforms to laws, policies and practices.^{17,18,19, 20,21,22,23} Not all responses involving community members or community-led organisations are, themselves, community-led, even if described as such, but, equally, a response may still be community-led even when not termed as such.

The 10-10-10 targets are aimed at the societal enablers of the HIV response (see full details in [Annex 1](#)):

- Less than 10% of countries have punitive legal and policy environments that lead to the denial or limitation of access to services.
- Less than 10% of people living with HIV and key population experience stigma and discrimination.
- Less than 10% of women, girls, people with living with HIV and key populations experience gender-based inequalities and all forms of gender-based violence.

The 30-80-60 targets are aimed at community leadership in the HIV response (see full details in [Annex 1](#)):

- 30% of testing and treatment services are community delivered.
- 80% of HIV prevention services are community delivered.
- 60% of programmes supporting the achievement of societal enablers are community delivered.



THE VALUE OF COMMUNITY-LED RESPONSES

In determining the agenda

A community-led response’s distinguishing value lies in the community’s leadership over it and the ways this leadership is expressed in a response’s chosen objectives, design and implementation. Importantly, the Review found that responses differ in ways needed under our global HIV commitments when communities have greater degrees of ownership over their responses. As set out in 30-80-60 targets for community leadership, the world’s nations have committed to ensuring a broad range of community-led responses including delivery of testing and treatment, programmes for the societal enablers, and prevention programmes. In particular, 60% of all programmes for the achievement of societal enablers are to be delivered by community-led organisations. Despite this, the literature on community-led responses eligible for inclusion in the Review is heavily focused on responses for and concerning services (see figure 1, below).

This shifts, however, when there is a higher degree of community ownership within and over a community-led response. The Review indicates that, compared with external actors, communities consider legal and other structural determinants a higher priority and services a lower priority. Specifically, while a similar proportion of responses were targeted toward community capacity (17%, 19%, 17%) and the social determinants (14%, 11%, 10%) across all three levels of community ownership, there are significant difference when we compare the proportion of those aimed at legal determinants (30%, 17%, 14%) (see figure 2).

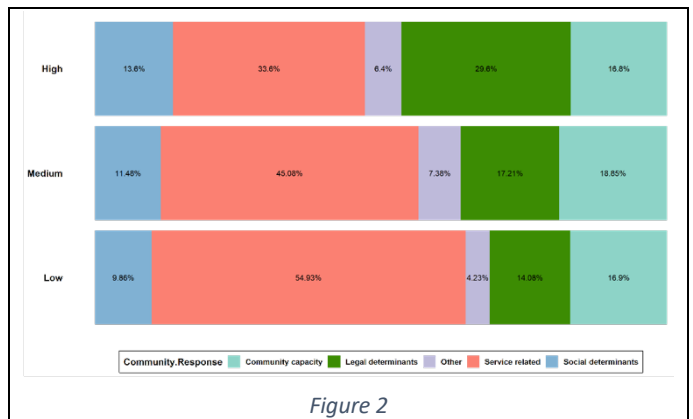


Figure 2

Accordingly, one of the benefits of community ownership is ensuring on-the-ground programmes are in line with our global commitments. More specifically, achieving the 30-60-80 targets requires accelerating implementation of the relatively under-implemented commitment that 60% of programmes for advancing societal enablers be delivered by community-led organisations. The funders, state or otherwise, must be cautious when dictating the priorities for such initiatives and let the community take the lead on both program design and implementation.

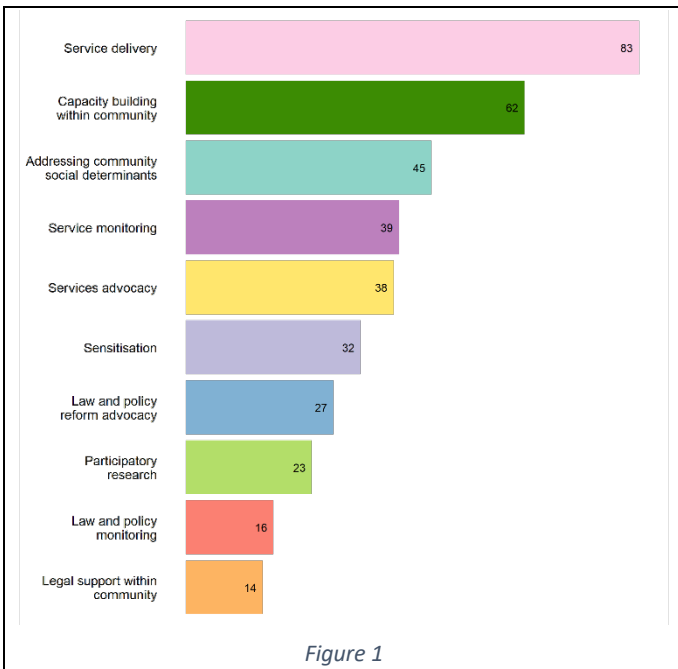


Figure 1

Deep Dive 1: Community Ownership

In the Review, the Sonagachi initiative was rated as having “high community ownership”. This sex worker-led response focused on individual and community empowerment and structural changes.²⁴ By contrast, despite having elements of community leadership and service delivery by sex workers, the *Sisters with a Voice* programme in Zimbabwe was categorised as having “low community ownership” due to being a top-down government programme with the overall agenda and plan set by public actors, based out of clinical settings, and supervised by non-sex worker outreach workers.²⁵

Part of ensuring community-led responses are truly owned by the affected communities is work on promoting both general and working definitions of the community leadership needed and their inclusion in clear coordinating mechanisms or terms of reference between funders and relevant community-led organisations. Such a mechanism, by delineating and dividing responsibilities and duties, can usher in clarity and ensure better outcomes.

Regarding societal enablers and legal determinants

The benefits of community-led responses described in the literature are diverse. They include the acquisition of new skills within the community, especially ones relevant for policy reform or the monitoring of laws, policies, and practices.^{26,27,28,29,30,31,32,33,34,35} Process benefits attributed to community-leadership include the effective development and timely implementation of relevant and efficient programs.^{36,37,38,39,40} Another commonly described benefit is community empowerment through a better definition of community identity and its effectiveness to enable structural changes. Financial and housing security are also cited as benefits of community-led responses within four sources that explored economic empowerment and social determinants.^{41,42,43}

Case Study 1

The “high community ownership” Pragati Initiative, exemplifies the holistic impact of community-led responses for the societal enablers and legal determinants. It showcases not only improvement health-related outcomes of key populations but also increases in their capacity to protect their own bodily integrity and autonomy as a result of gender-based violence prevention and access to reproductive health services and addiction services. At the same time, access to microfinance and crises response facilities improved broader social determinants of health.⁴⁴

A particularly prominent benefit of community-led responses is in shifting the legal determinants of sexual and reproductive health by reforming law and policy or by improving its implementation. For example, a significant number of sources explore the benefits of community-led responses aimed toward reforming or sensitising external factors such as the police. This ranges from formal training of individual police officers, healthcare providers and other public officials to the creation of institutional relationships.^{45,46,47,48,49,50,51,52,53,54,55} Positive benefits include reductions in police violence and, resultingly, safer sex practices and better access services.^{56,57,58,59} Intermediate benefits such as easier reporting of incidents and better relationships with police are also cited.^{60,61,62} Engagement with healthcare providers

and other power holders, such as government officials and financial institutions, are also described.^{63,64,65,66} Resulting benefits include easier access to services and overall empowerment.^{67,68,69}

Case Study 2

A 2016 study analysing the impact of community led organizations in six districts in India found that a focus on strengthening the community led interventions in terms of organisational development helps overcome several barriers by community collectivization.⁷⁰ This translates into reduction in financial vulnerability by reduced chances of exploitation by law enforcement agencies and improving access to microfinance and, thereby, reducing reliance on exploitative lending sources. Hence, the community led initiatives have the ability to improve not only the health outcomes but also the social determinants of health.

Another means of shifting practices and implementation described in the sources are community-led monitoring, observation and other forms of accountability focused on the gap between the experience of community members and the commitments in law, policy and human rights. Accountability mechanisms range from formal community-led monitoring mechanisms, a crisis response system for reporting on and responding to violence and discrimination, informal institutional arrangements with official actors, and organisations around specific injustices by the police.^{71,72,73} Specific shifts in practices and implementation include a cessation in overcharging of patients and improved access to services.⁷⁴ Paired with this are community-led efforts to provide legal support within the community to those facing injustices or needing access to legal recognition.^{75,76,77}

Beyond implementation, community-led responses can also be effective in reforming law and policy. Such efforts include publication of advocacy tools, direct lobbying with policymakers and officials, protests and advocacy to counter government-led messaging.^{78,79,80,81,82,83,84} Benefits include new policies that lessened police violence, new funding for

priority health services and resolutions to interruptions of their own funding.^{85,86,87}

Case Study 3

An example of a community-led response for improving the legal determinants of sexual and reproductive health can be seen in a sex worker-led response in favour of harm reduction and law reform advanced by the New Zealand Prostitutes Collective (NZPC) that resulted in the country's decriminalisation of sex work. From its founding, the NZPC was caught between a police force that was seeking to enforce criminalising laws and a Ministry of Health that funded the organisation to provide certain health promoting and harm reduction services. NZPC's responses to improve the health of its community were frustrated by police action. Eventually, following agitation by NZPC, the broader community and other allies, legislation decriminalising sex work was passed. This law removed an obstacle to NZPC's responses for community health, enabled sex worker collectivisation and promoted further community involvement in shaping policy on health. Resulting work following decriminalisation included community leadership in the drafting of occupational safety and health guidelines to share best practices and HIV-related information. This case is an example of how community-led responses can shift the legal determinants of sexual and reproductive health and rights by promoting law reform and helping shape its implementation.

Other intermediate benefits related to law reform include shifting the political agenda.^{88,89} Community-led accountability mechanisms, specially, are described in the literature as a means of reframing political issues or triggering specific reforms such as new and revised policies on service delivery and mandatory sensitisation training.^{90,91,92,93}

Regarding health outcomes

Community-led responses for HIV and broader sexual and reproductive health have both direct and indirect impacts on the health and well-being of key and

vulnerable populations. The Review found numerous benefits attributed to or associated with community-led responses including increased HIV diagnoses, PreP initiation and access to anti-retroviral therapy. Among the most frequently cited benefits in the sources is an increase in condom use, which is often directly associated with a decrease in sexually transmitted infection prevalence or incidence. Related benefits include increased health, reduced psychological distress, better referral to psychological services. Community-led services are shown providing harm reduction, maternal health, and family planning services.

For example, community-led crises response intervention in South Africa focused attention on gender-based violence among female sex workers and, despite being underfunded, it was able to increase access to health and psychosocial services.⁹⁴ This was achieved by empowering sex workers in a holistic manner and thereby reducing structural barriers to HIV prevention. Similarly, the "Wired program" in Australia addressed the higher use of methamphetamine among men who have sex with men living with HIV—up to 30% as compared to 2% in the general population. The recorded qualitative impact is three-fold: first it reduces vulnerability by reducing fear of discrimination and stigma; second, it improves personal well-being; it lays down a model with strong scientific evidence supporting community led harm reduction policies.

Community-led responses also found success by delivering programming at the intersection of HIV and broader sexual and reproductive health services. For instance, a Community Randomized Control Trial in Tanzania linked structural violence, family planning services and pregnancy with HIV prevention services for female sex workers. It found that interventions like sensitivity trainings with the police and constant engagement with the community via drop-in centres, regular seminars and text messaging helped improve uptake of family planning services in the experimental group in comparison to control group.⁹⁵

THE VALUE OF BETTER LEGAL ENVIRONMENTS

Regarding community leadership

Positive laws, policies and practices promote community-led responses and ally civil society

organisations by directly recognising them and by lifting direct and indirect barriers to their operations. Legal recognition broadly encompasses activities by policymakers and officials that positively benefit community-led and civil society organisation. One

form of recognition seen in the sources is the according legal status to activities, such as harm reduction or testing services, undertaken within community-led responses.^{96,97} Recognition can also take the form of providing certain forms of legal personality to community-led organisations or government's creation of partnerships with communities of key and vulnerable populations.^{98,99} Another is providing dedicated funding for needed services, such as harm reduction, and capacity building among community-led and community-based organisations.^{100,101,102}

Case Study 4

An analysis amalgamated the findings of eight projects in three countries to highlight the impact community interventions for addressing HIV.¹⁰³ It elucidates how, at the global level, persistent stigma and discrimination leads to perpetuation of regressive international laws and policies and funding constraints for community led interventions. At national level, it highlights how negative legal determinants lead to a vicious cycle wherein laws criminalizing sex work hamper the ability of sex workers to organize and increase stigma, discrimination, and violence among sex workers. It also highlights how a shift towards breaking these barriers, which in this case is decriminalizing sex work, helps build social cohesion and ensure community empowerment.

The sources describe how community-led responses and the work of ally civil society organisations can be enabled by anti-discrimination measures as well as decriminalisation and legalisation of, respectively, sex work and drug harm reduction services. For example, one source describes how provisions against discrimination toward people living with HIV prepared the way for community-led responses for building and acting on the capacity and legal literacy needed to enforce these provisions.¹⁰⁴ Other sources show how legalising harm reduction and decriminalising sex work have enabled or can enable community-led responses for improving community wellbeing and capacity as well as advocating for reforms to other laws, policies and practices.^{105,106,107,108} There are more indirect effects described in the sources such as how generally open civil society spaces characteristics of democracies may promote organisation among

people living with HIV and allies with associated increases in knowledge of status.¹⁰⁹

Case Study 5

The first features a law that both recognised community-led organisations and removed a barrier to community-led responses can be seen in the initiative for New Zealand's national needle exchange programme. The initiative to recognise the harm reduction service came in response to activism and existing practices in the grey zone of the law. The legislation itself legalised and funded the provision of needles and syringes via local organisations led by people who inject drugs that could apply for recognition. One of these organisations, the Dunedin Intravenous Organisation (DIVO), not only provided the service it was contracted for by the government but also went beyond it to conduct and participate in research, form cross organisation ties, present at conferences, publish community literature, and build up community capacity. Additionally, it also sought to reform institutional and law enforcement practices within prisons and the police squad by educating and lobbying on the importance of harm reduction. In this way, the source presents a positive feedback loop of community-led response leading to law reform that, in turn, promoted yet more community-led responses including those aimed at improving the legal determinants of health.

Another way of seeing the benefits that positive legal environments have for community-led responses is by seeing the impediments presented by negative laws policies and practices which can and do frustrate community leadership and ally civil society. Some of the most common barriers are laws and policies that directly prohibit or burden community-led organisations and ally civil society organisations.^{110,111,112,113,114,115,116,117,118} Prohibition and non-recognition are frequently deeply entangled with the criminalising, discriminatory and punitive laws and policies applied towards members of key and vulnerable populations.^{119,120,121,122,123,124,125} In certain cases, prohibition and non-recognition is alternatively or additionally attributable to a broader opposition toward civil society activities construed as political.^{126,127,128,129}

Case Study 6

An example of the negative impacts of non-recognition of a civil society organisation on a broader

community-led response can be seen in a study by Arps and Golichenko.¹³⁰ It concerned a community-led response aimed at benefiting sex workers, helping prevent HIV, and working towards better sexual and reproductive health. To better perform these activities, they needed legal recognition of their CSO, Silver Rose, since this would grant access to financing, the courts, and other benefits. The application was declined due to a discriminatory administrative determination connected with the punitive ban on sex work. In this case, the CSO was the intended vehicle for aspects of the planned community-led response and the refusal to grant it legal recognition frustrated the response. As a result of only being allowed unregistered association, their purposes of providing education and information for sex workers, promoting safer and healthier work practices, and offering legal help and conflict resolution were frustrated. This is a fact pattern and finding which is mirrored in other sources such as one that explores the effect of various laws preconditioning any group activities on registration with approval conditional on a security agency recommendation and acceptance of an ongoing requirement to cooperate with local authorities.¹³¹

Related to these more direct forms of prohibition and non-recognition, are the indirect barriers created by generally applicable laws and policies designed with paternalism toward or lack of regard for the needs of key and vulnerable populations. Examples include the structuring of funding application criteria and processes toward actors with more resources and capacity than community-led organisations typically have.^{132,133,134,135} This is usually attributed toward a neglect of the need to fund responses led by the communities most affected.^{136,137} In other cases, this is instead attributed to a more actively paternalistic and discriminatory attitudes and norms towards relevant populations.¹³⁸

Case Study 6

In Dhaka, “anti-drug drive operations” not only caused harm directly to people who use drugs by causing police to engage in extrajudicial violence and provoking risk injection practices but also frustrated community-led responses by exposing outreach workers to police violence and obstructions as well as by dispersing those they were seeking to help. This shows how criminalising, punitive and discriminatory

laws and policies aimed or used against key and vulnerable populations, rather than specifically their efforts to organise, also frustrate community-led responses. It is a case study in how oppressive legal environments have knock-on effects for community leadership and broader sexual and reproductive health.

Criminalising, discriminatory and punitive legal environments pose barriers to community-led responses and can erode or inhibit community capacity.^{139,140,141,142,143,144,145,146,147,148,149,150,151} Less direct impacts can flow on from the discourse and stigma produced by criminalisation in institutional distrust from affected communities that prevents or undermines their cooperation with official actors, including healthcare providers.^{152,153,154} An example of discriminatory policies and how they degrade community capacity can be seen in a source that describes the fragmentation of collective identity, possibilities for mutual aid and access to community and civil society provided services that resulted from the discriminatorily targeted, undercompensated and intrusively implemented demolition of the area in which most sex workers of a minority ethnicity lived and worked.¹⁵⁵

Case Study 7

An example of how legal environments impact community-led responses in diverse ways can be seen in the successful community-led response by GROOTS in Kenya aimed at protecting vulnerable women and responding to HIV by upholding property rights.¹⁵⁶ This initiative was partly frustrated by fragmented land laws and a lack of integration between community-led mechanisms for securing land tenure and the formal legal system. This shows that those laws, policies and practices which undermine community-led responses will not always be criminalising or outright discriminatory. It is a finding echoed in other sources such as one on how a broader failure to respect confidentiality and rights can prevent or impede the scale up of civil society initiatives intended to advance sexual and reproductive rights.¹⁵⁷

Regarding health outcomes

The literature relevant to HIV identified within the Review encompasses sources that describe numerous benefits of improved legal determinants and harms of

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negative legal determinants to sexual and reproductive health.

For one specific issue—sex work decriminalisation—benefits are identified such as measurable increases in safe sex practices, declines in gender-based violence, and reductions in the incidence of HIV and sexually transmitted infection.^{158,159,160} In particular, decriminalisation is identified with better control over work, access to social services and protection against exploitation, harassment and violence.^{161,162,163}

Conclusions on the benefits of decriminalisation are often couched in analyses of connections between vulnerability, criminalization of sex work, its detrimental impacts on socio-economic status and health outcomes.^{164,165,166,167,168} One study quantifies the economic benefits of decriminalisation in terms of income generated for the sex workers per year and in terms of savings for the criminal justice system and the health system.¹⁶⁹ Another study draws a link between decriminalisation and marginalisation with child apprehensions and how such populations are treated by the child protection services.¹⁷⁰

Other benefits of better laws, policies and practices identified in the sources range from reduced discrimination and privacy breaches and better insurance coverage in institutional settings with resulting benefits such as increased health service engagement.^{171,172} The Review includes sources that identify laws and policies that expand access to harm reduction for people who use drugs, such as the availability and accessibility of needle exchanges.^{173,174} For example, one study on harm reduction within closed settings shows HIV preventive value for incarcerated people.¹⁷⁵ In another source, the effects

of a law prohibiting police interference with drug harm reduction services are explored.¹⁷⁶

Among the most commonly described direct costs of negative laws, policies and practices is the effect that criminalisation and discrimination have on utilisation of and access to health services, including preventive and harm reduction services.¹⁷⁷ Related to this are harms from criminalisation and discrimination affecting the quality and acceptability of health services.¹⁷⁸ Various negative laws, policies and practices, including most prominently criminalisation, are also more directly associated with reduced availability, accessibility and adoption of harm reduction services and practices.¹⁷⁹ The types of harm reduction referenced include safer sex practices among sex workers, practices for harm reduction among those who use drugs, and services to reduce harms for those who use drugs.¹⁸⁰ The types of harms to health that result including greater risk of HIV, reduced status awareness and lower viral suppression.¹⁸¹

Gender-based and other interpersonal violence is also a product of negative laws, policies and practices as well as an important social determinant of health.¹⁸² Specific pathways and types of harm to health include legal and extra-legal violence, harassment and extortion by police officers and other public officials.¹⁸³ This causes inaccessibility of justice, legal services and complaint mechanisms.¹⁸⁴ Negative laws, policies and practices are also connected with other key determinants of health such as access to and enjoyment of housing, schooling and social services.¹⁸⁵ Related harms include those caused by private actor discrimination in the form of blackmail or reduced access to insurance.¹⁸⁶

Deep Dive 2: The Limits to Law Reform

Law reform that does not centre communities or their needs need to be avoided. Coercive laws purportedly aimed at improving health not only contradict rights but often also either subvert or fail to achieve their objective.^{187,188,189,190,191,192,193,194,195,196,197,198,199,200,201,202}

For example, Canadian laws criminalising HIV non-disclosure were, intended for promoting prevention but instead exacerbated transmission rates while also disproportionately affecting already marginalised people and women.²⁰³ Similarly, in the Canadian province of British Columbia, non-criminalisation of sex work alone was not sufficient for improving either health or protecting rights when the broader legal environment remained hostile to the labour rights and business practices of sex workers.^{204,205,206,207,208,209}

In this, we see that legislative reform is not, itself, always enough when the rights, needs and leadership of affected communities are not centred in the reform's design. Moreover, even when the primary legal initiative is well designed it may be needed to be accompanied by other supportive policies and practices to ensure its intended

effect. More specifically legal reforms can be meaningful only with access to adequate and simplified legal information and strong redressal mechanisms, including those for ensuring the health, safety and economic security for key populations, such as sex workers.^{210,211,212}

This can be seen in two studies which explore how laws legalising drug harm reduction were, although beneficial, insufficient by themselves when set against police discretion, stigma and competing laws criminalising drug use.^{213,214} Another series of studies explore how discriminatory practices and stigma institutionalised through criminalisation, will not dissolve merely as a result of partial or full decriminalisation. In these we see the need for reforms that promote destigmatisation, privacy and confidentiality especially from the law enforcement agencies and with healthcare providers.^{215,216,217,218,219,220,221,222,223,224,225}

The resourcing of community-led responses

Reliance on community resources

One of the major resources available to community-led responses is the labour, creativity and, in some cases, resources of the community members themselves. Despite the benefits to the broader community and society that result from these efforts, volunteers are often unpaid, underpaid and uncompensated.^{226,227,228,229,230,231,232} When there is payment, we often see workers being paid wages while volunteers are paid small fees or inducements—although even in these cases it is unclear whether the level of remuneration is appropriate or sufficient.^{233,234} For example, in one study we see a \$40 fee paid to trainees for attending different types of sessions as part of a sex worker-led response. Just as often, there is no payment at all.²³⁵

The reliance of many community-led responses on the time, money and other resources of volunteers can be both a strength and weakness. Various questions are raised as to the sustainability and limitations of leaving crucially needed volunteers unpaid, underpaid and under-resourced.^{236,237,238,239} Despite this, the situation in which community volunteers remain unpaid or underpaid and, in many cases, provide financial support to the response is even more left unquestioned.^{240,241,242,243,244,245,246} When it is interrogated, reliance on unpaid or underpaid volunteers has also been identified as a cost-saving advantage of community-led responses.^{247,248} For example, one study notes how ‘Unpaid volunteers alone add an estimated 56 percent, on average, to CBO [community based organisation] budgets in Kenya, Nigeria, and Zimbabwe’.²⁴⁹

Fair wages could help further advance the commitment of the community towards their community-led responses. To ensure fair wages,

however, community-led organisations need to be well-resourced. Accordingly, it is up to national and other funders to close the gap through their own investment in community-led responses.

Evidence as to the adequacy and scale of investment

Aside from the voluntary contributions of community members, sources of funding and resources for community-led responses identified in the Review varied with the main categories being government, donors and user fees. Limitations in the amount and certainty of this funding, as well as the conditions attached to the use of available, are identified in the Review as a major problem and challenge for community-led responses.

Examples include community-led organisations shuttering or reducing programmes due to an insufficient and uncertain funding.^{250,251,252} A related issue arises where funding is limited to narrow vertical interventions via social contracting reimbursements from government or as part of donor driven priorities, we see community priorities underfunded and overall community capacity building under-resourced.^{253,254,255,256,257,258} Funding interruptions and shift in governance arrangements are also identified as causes for community ownership over responses either failing to eventuate or degrading.^{259,260} Conversely, we see in one case funding for specific targeted interventions being leverage to rejuvenate and build capacity for broader community-led responses.²⁶¹

The particular need for scale and long-term investment is acute in the case of community-led responses that often will require capacity building to realise the advantages of co-creation and scale to maximise cost-effectiveness—for one of the interventions increasing scale is recorded as reducing relative costs.²⁶² Despite this, relatively few

interventions covered within the Review were accompanied by capacity or implemented at scale.

Underpinning the 30-80-60 targets on community leadership in the HIV response was the commitment to ensure the sustainable financing of community-led organisations and networks. Given that community-led responses are being impeded and burdened by funding and resourcing issues, delivery on this commitment is urgently needed.

Description of the types of resourcing received

Specific figures, evaluations and estimates for sources encompassed by the Review vary substantially as is to be expected given the wide variances in types of response and settings under consideration.

For instance according to one study, the positive impact of community led interventions stems from three factors.²⁶³ First, community ownership helps in understanding the unmet needs and thereby designing a better program and implementation strategy. Second, it would be cheaper as the community members are ready to work voluntarily. This initiative spent US\$1.5 per person helped per year, a cost which is way lower than most interventions. Third, they focus not only on biomedical interventions but reducing the structural

impediments and vulnerabilities. In this case the intervention aimed at improving the ability to negotiate condom usage by enhancing financial security of female sex workers via self-help groups.

Another study highlights the importance of scale and time in understanding the impact of community led interventions.²⁶⁴ This cluster-randomised trial comparing community-led distribution of HIV self-testing kits against community-based distribution by paid distributors in 40 rural Zimbabwean communities, cited costs to be \$285,065 with 46% of this being human resources, 23% for HIV self-testing kits and 8% for vehicles. But this study generates important evidence regarding the feasibility of community-led HIV self-testing (HIVST) by acknowledging that the professionally supervised paid distributor model was more expensive than the community-led model and witnessed improvement in efficiency and costs over time and with scaling up. They suggest that it is likely that the same would be true of the community-led approach. Further it asserts that community ownership ensures that communities design and implement need based HIVST distribution models. Such models, according to the study, have success rates similar to professionally supervised paid distributors.

Deep Dive 3: Gaps in Monitoring

Despite these diverse findings associating the responses with various benefits, there is an absence in the included literature on the current share of services and programmes delivered as part of community-led responses both globally and in individual countries. This is a glaring issue given that the quantitative targets in Global AIDS Strategy specifically require that, by 2025, 30% of testing and treatment, 80% of prevention and 60% of societal enabler programming are to be delivered by communities globally and within countries. UNAIDS estimates that for the target that 80% of services be delivered as part of community-led responses the following applies:

“Across countries with available data for 2019–2021, key populations-led organizations reached 40% of sex workers (35 countries), 31% of gay men and other men who have sex with men (35 countries), 26% of people who inject drugs (26 countries) and 37% of transgender people (17 countries) with prevention interventions that were designed for them. Key populations-led organizations also provided 19% of all needles and syringes distributed in the previous 12 months across 35 countries with available data between 2019 and 2021. Across 18 countries reporting on the number of people who inject drugs who received opioid agonist therapy, no provision by key populations-led organizations was reported.”²⁶⁵

A systemic issue is that studies, implementers, and funders do not accurately distinguish or commonly disaggregate in publicly available information between community-based interventions and community-led interventions. This partly because, although there is a well-accepted definition of community-led responses that originates with communities, its application can be challenging. This can be seen within this study in the differences in the community ownership of relevant interventions and the fact that even certain interventions labelled as “community-led” were excluded from this study for not meeting the standard of what we classify as low community ownership. A result is this glaring research gap which leaves us in the dark as to how well the global commitments on the 30-80-60

targets are being met aside from the few rays of light provided by UNAIDS' incomplete data on one of the three targets.

There is, however, even on the resourcing of community-led responses with no systematic or comparable, let alone comprehensive, global-level data. This deficiency is exacerbated by how much of the literature on particular responses does not address the specific consequences of challenges related to underfunding and lack of other resourcing.^{266,267,268} At the same time very few studies address the impact of funding sources, resource and funding needs, the cost-effectiveness analysis of the community-led interventions and so on in depth. None of the studies included in the Review evaluated the cost-effectiveness of responses were of responses that had high community ownership or were carried out over a prolonged period of time and at a large scale.

These research gaps highlight the need to analyse the financial and resource needs, the barriers to investment and what would constitute sustainable funding models for community led initiatives. Such research on the financial and other resource requirements of high-quality community-led responses will help establish a benchmark against which future interventions can be established and funded. It will also help build a sense of the minimum scale and duration needed to estimate cost effectiveness for community-led responses.

To begin addressing this gap, UNAIDS announced in mid-2022 that it was planning to systematically monitor investments in and expenditures by community-led organisations as a way of tracking and motivating progress toward the realisation of the 30-80-60 targets.²⁶⁹

KEY RECOMMENDATIONS

- 1. This Review supports the need to view progress on community-leadership and societal enablers, in particular legal determinants, as inseparable and can substantiate arguments in favour of investment in each and both.** There is a mutually reinforcing interrelationship between improving community leadership and realisation of progress on the societal enablers, including legal determinants. The Review's findings of the mutuality of studies relating to the two sets of targets can be cited to confirm the premise of the "60" target that communities need to lead on delivering programming for the societal enablers. Additionally, the included sources also show that community-led responses are of impact in improving the legal determinants and such improvements are a common aim and outcome of community-led responses. By acting on both aspects at the same time with elevated and higher-quality investment, a mutually reinforcing cycle of improvements in the conditions for community-led responses and legal and societal environments conducive of improved sexual and reproductive health and rights.
- 2. The Review supports the argument that legal environments which undermine health and community-led responses need to be reformed urgently with broad changes to laws, policies and practices that target all forms of criminalisation, discrimination and marginalisation.** Addressing the harms of criminalisation and other negative laws and implementing laws to protect against discrimination and decriminalise people and their behaviours is urgent. At the same time, isolated reforms which target only a single component of complex and intersectional forms of legal, extra-legal and societal marginalisation and discrimination can be of limited effect. In the absence of action, health is harmed, health services impaired and the community-led responses are obstructed and frustrated.
- 3. The Review can be cited to support investment in and advocacy for high-ownership community-led responses to HIV and related sexual and reproductive health challenges.** Community-led responses benefit health and they are shown to have impact in delivering health services, ensuring prevention and moving the needle on critical legal determinants and related societal enablers. Community ownership also benefits the prioritisation and design of responses by ensuring they target areas of greater community need and, in particular, grapple with the challenges posed by preventing, mitigating and reforming bad laws. Global and national responses that aim to meet the challenge of HIV with sufficient ambition, thus, need to have community leadership at their heart and promote the highest level of community ownership attainable.

Policy Report

4. **The Review's findings can be used to substantiate the need for and benefits of increased investment in the capacities and responses of community-led organisations that is both predictable and not burdened by conditions.** Meeting our global sexual and reproductive health challenges requires financial investment from countries and from global funders. Community-led responses are undermined by uncertain and inadequate funding. These funding challenges making delivering the services or programming needed challenging, difficult or impossible. More subtly, they can also warp the character of the community-led response by requiring communities fit the prescriptions and reporting requirements of funders rather than the needs and processes preferred and most suited to the communities themselves. High-quality and high-ownership community-led responses require capacitation and organisational development over the long-term which makes sustained and predictable funding essential. In agreeing the 30-80-60 targets, the countries of the world also agreed to sustainably financing community-led organisations and networks. There is a pressing need to hold countries and funders to account in fulfilling this commitment to funding community-led responses generally and responses with high community ownership especially.
5. **The Review finds an overreliance on community members to volunteer their time, labour and resources to the responses they lead and recommends compensating them instead.** Shifting funding and programming to community-led responses as a means of exploiting their passion to extract free labour and other resource commitments from already marginalised populations is wrong and the overreliance on community voluntarism should be reduced. The benefits of community leadership should, instead, be located in the "leadership" of the communities: the immense added value of directing resources to people who know their needs and their capacities best creatively advance responses to HIV and related sexual and reproductive health challenges. Community-led organisations need to be resourced well enough so that roles which merit compensation and wages should receive them. It is up to countries and funders to close the gap and help ensure fairness in this respect. The Review can be cited to show that this is necessary as an ethical matter, as concern for complying with our global commitment and also evidence for the benefits for sexual and reproductive health and rights that can result.

For more recommendations on policy change and research, please see the full Review.

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ANNEX 1: THE 10-10-10 AND 30-80-60 TARGETS

*This is a reproduction of the targets as adopted by UNAIDS Member States in the Global Aids Strategy and the 2021 UN High Level Meeting Political Declaration.*²⁷⁰

10-10-10 Targets and Sub-Targets

Less than 10% of countries have punitive legal and policy environments that lead to the denial or limitation of access to services.

- Less than 10% of countries criminalize sex work, possession of small amounts of drugs, same-sex sexual behaviour, and HIV transmission, exposure or nondisclosure by 2025
- Less than 10% of countries lack mechanisms for people living with HIV and key populations to report abuse and discrimination and seek redress by 2025
- Less than 10% of people living with HIV and key populations lack access to legal services by 2025
- More than 90% of people living with HIV who experienced rights abuses have sought redress by 2025

Less than 10% of people living with HIV and key population experience stigma and discrimination.

- Less than 10% of people living with HIV report internalized stigma by 2025
- Less than 10% of people living with HIV report experiencing stigma and discrimination in health care and community settings by 2025
- Less than 10% of key populations (i.e., gay men and other men who have sex with men, sex workers, transgender people and people who inject drugs) report experiencing stigma and discrimination by 2025
- Less than 10% of the general population reports discriminatory attitudes towards people living with HIV by 2025
- Less than 10% of health workers report negative attitudes towards people living with HIV by 2025
- Less than 10% of health workers report negative attitudes towards key populations by 2025
- Less than 10% of law enforcement officers report negative attitudes towards key populations by 2025

Less than 10% of women, girls, people with living with HIV and key populations experience gender-based inequalities and all forms of gender-based violence.

- Less than 10% of women and girls experience physical or sexual violence from an intimate partner by 2025
- Less than 10% of key populations (i.e., gay men and other men who have sex with men, sex workers, transgender people and people who inject drugs) experience physical or sexual violence by 2025
- Less than 10% of people living with HIV experience physical or sexual violence by 2025
- Less than 10% of people support inequitable gender norms by 2025

30-80-60 Targets and Indicators

30% of testing and treatment services are community delivered.

- 30% of testing and treatment services to be delivered by community-led organizations, with focus on: enhanced access to testing, linkage to treatment, adherence and retention support, treatment literacy, and components of differentiated service delivery, e.g. distribution of ARV (antiretroviral treatments).

80% of HIV prevention services are community delivered.

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- 80% of service delivery for HIV prevention programmes for key populations to be delivered by community-led organizations.
- 80% services for women, including prevention services for women at increased risk to acquire HIV, as well as programmes and services for access to HIV testing, linkage to treatment (ART), adherence and retention support, reduction/elimination of violence against women, reduction/elimination of HIV related stigma and discrimination among women, legal literacy and legal services specific for women-related issues, to be delivered by community-led organizations that are women-led.

60% of programmes supporting the achievement of societal enablers are community delivered.

- 60% of the programmes supporting the achievement of societal enablers, including programmes to reduce/eliminate HIV-related stigma and discrimination, advocacy to promote enabling legal environments, programmes for legal literacy and linkages to legal support, and reduction/elimination of gender-based violence, to be delivered by community-led organizations.

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