ENDING PANDEMICS: U.S. FOREIGN POLICY TO MITIGATE TODAY’S MAJOR KILLERS, TOMORROW’S OUTBREAKS, AND THE HEALTH IMPACTS OF CLIMATE CHANGE

Matthew M. Kavanagh, Harsha Thirumurthy, Rebecca Katz, Kristie L. Ebi, Chris Beyrer, Jamila Headley, Charles B. Holmes, Chris Collins, & Lawrence O. Gostin

Abstract: Every U.S. President in recent decades has had to respond to at least one pandemic disease. Political leadership has proven decisive. In the coming years, U.S. foreign policy will face at least three inter-related issues: today’s major pandemics of AIDS, TB, and Malaria; future outbreaks with the potential to become pandemics; and rising risk from infectious diseases associated with climate change. A review of epidemiologic data shows global progress on each issue is threatened. A coordinated U.S. effort, across agencies and engaged with national and multilateral partners, could save lives and address significant foreign policy interests. Such an effort could boost economic prosperity by reducing disease-related lost productivity, which we estimate at $1.7 trillion, with returns to investment in pandemic-related global health efforts averaging 17–20 to 1. Foreign policy focus on pandemics could also address economic and social inequalities and support climate adaptation and mitigation. Pandemic-related global health spending is 0.19% of the U.S. budget—a figure that has been flat in recent years even with growing needs and significant potential gains from investment.

Each U.S. President since Jimmy Carter has had to respond to an international outbreak of infectious disease—often multiple (figure 1). While pandemics are biological phenomena, they are highly amenable to political action—through attention, policymaking, and resource allocation. President Reagan’s inaction contributed to the growth of the global AIDS pandemic, while President George W. Bush’s engagement helped stem its upward trajectory. President Obama’s intervention on Ebola, albeit belated, helped galvanize coordinated international action to bring the epidemic under control.

Today, from AIDS to Ebola to mosquito-borne diseases, political action is insufficient. The struggle to respond to the current Ebola outbreak in the Democratic Republic of Congo, the second most lethal in history, illustrates the challenge.
Meanwhile, climate change and mass migration are compounding the complexity of the task. How, then, should U.S. foreign policy respond in a world of competing priorities?

This article describes the potential for expanded U.S. foreign policy leadership on pandemics. Saving lives is a worthy goal in itself. The wellbeing of Americans is also inextricably connected with that of people around the world. The oft-repeated reality that diseases know no borders reveals why an approach rooted in international solidarity and multilateralism is needed. We propose a focus on three synergistic areas related to pandemics:

1) halting today’s biggest pandemics,
2) keeping tomorrow’s outbreaks from becoming pandemics, and
3) reducing the rising threat of infectious diseases associated with climate change.

We focus here on pandemics—epidemics of infectious disease affecting a wide geographic area and large numbers of people, and crossing international borders. This focus is not intended to direct attention away from other global health priorities, but to identify particular opportunities where U.S. political action could be most impactful, and catalytic for international cooperation, given the U.S. geopolitical position and historical investments in infectious disease programs.

In addition, infectious diseases drive global inequality. Despite increasing mortality from non-communicable diseases, people living in poverty continue to die in large numbers from infectious diseases. The effects of pandemics are disproportionately experienced by the poor and marginalized—globally and within countries. Young women in sub-Saharan Africa, gay and bisexual men, and transgender people, for example, still face high burdens from HIV. During the West Africa Ebola epidemic, the disease and economic impact fell hardest on poor communities. Climate change promises to exacerbate adverse effects on marginalized communities.

U.S. administrations in the coming years will have little choice but to address these areas. Progress against AIDS, tuberculosis (TB), and malaria is stalling. Experts agree it is not a question of if, but when, the next major pandemic will occur. The frequency and diversity of new outbreaks is growing, with 7,000 signals of potential outbreaks each month, according to the World Health Organization (WHO). Without additional action, climate change is poised to put nearly a billion people newly at risk of mosquito-borne viruses. Drug-resistant infections are on the rise. Yet there remain major gaps in response and preparedness.

The focus here is on U.S. foreign policy—an area where presidents have the strongest prerogative, even as power is shared with Congress. We describe
significant returns to an expanded foreign policy effort, at a presidential level, on pandemics—both in lives saved and improved global economic prosperity. We note, however, that efforts by the U.S. government can only be effective as part of globally-coordinated, multilateral efforts—which are threatened in the current era of isolationism and populism.\textsuperscript{14}

The article begins with a brief review of the current context of today’s largest pandemics, emerging and re-emerging diseases, and climate-sensitive outbreaks—with brief discussions on opportunities for U.S. action on each. The global economic impact in lost productivity due to infectious disease is then calculated for low- and middle-income countries (LMICs), including fast growing economies and key U.S. trading partners. We also describe estimates of economic return to U.S. investments, which are quite high.\textsuperscript{15} We then map U.S. global health spending in recent years on these areas, which totals 0.19\% of the federal budget, and close with suggestions about key opportunities for structuring a coordinated U.S. pandemics initiative. Together, there is strong evidence that U.S. leadership could help reduce the pandemics that kill millions today, while preventing tomorrow’s outbreaks from becoming global health emergencies and reducing the magnitude and pattern of climate change-related risks.

**Figure 1. Global disease outbreaks influencing U.S. policy.**

Source: Author’s Analysis and Literature Review

**HALTING TODAY’S PANDEMICS: HIV, TB, MALARIA**

After a decade of progress, the response to the world’s leading infectious killers—AIDS, TB, and malaria—is faltering. The diseases killed nearly 3 million people last year.\textsuperscript{16} Stalled progress is driving inequality as these diseases disproportionately affect marginalized populations including people living in poverty, young women,
gay men, children, people who use drugs, and others. The U.S. has made political and financial investments in multilateral institutions like the Global Fund to Fight AIDS, TB, and Malaria and in bilateral programs including the President’s Emergency Plan for AIDS Relief (PEPFAR), the President’s Malaria Initiative (PMI), and USAID TB programs (figure 7).

These have augmented domestic financing to achieve results once considered impossible. 23 million people are on HIV treatment; mortality and new infections have been cut in half. An estimated 54 million lives have been saved from TB since 2000 and malaria cases reduced by 20 million. HIV programs have provided critical human rights resources and the only LGBT-friendly healthcare in many settings. Some countries have achieved remarkable results, like Botswana where 77% of all HIV-positive adults know their status and have attained viral suppression, which has been shown to stop HIV transmission. Signs of success on TB and Malaria have also given rise to viable strategies, agreed to by countries at the UN, to end these pandemics as public health threats in the coming two decades.

Yet progress is slipping as growing pandemics have been met with flat or reduced funding. HIV remains the leading global cause of death among people 15–49. Figure 2 shows trends are far off track from goals set at the UN General Assembly in 2016. Too many countries are experiencing rising infections (e.g., Brazil), AIDS deaths (e.g., Angola), or both (e.g., the Philippines). Malaria is on the rise globally and declines in TB have been far smaller than hoped. Drug-resistant TB and malaria are an international threat. Even as some countries approach malaria elimination, 20 of the highest-burden countries saw significant increases in cases.

Figure 2. HIV epidemic: UN “fast track” goals vs. current trajectory.

Source: UNAIDS 2019
U.S. foreign policy could contribute toward getting these efforts back on track—with financing and smart diplomacy. First, funding is key. Recent presidential budget proposals have sought cuts to U.S. funding (figure 7). Growing pandemics require increased resources. Key innovations, from new TB treatments, to combination HIV prevention, to community case management for malaria could be scaled immediately, but lack resources. Second, increased multilateralism is needed. The UN, Global Fund, and other institutions provide necessary leverage for inter-governmental and civil society collaboration, making bilateral programs like PEPFAR far more effective, but need a greater share of U.S. political and financial support. Third, active U.S. diplomacy with other wealthy nations is needed since LMICs are increasing their investment but are met with donor reductions. Fourth, diplomatic policy engagement can support rights and evidence-based policies that make money effective. Criminalization of same-sex relationships, for example, is a major barrier to addressing HIV. The State Department has an office of “health diplomacy” that could be given an explicit mission to support law-reform and human rights efforts including effective strategic litigation.

Keeping Tomorrow’s Outbreaks from Becoming Pandemics: Global Health Security

Since the West Africa Ebola epidemic, the WHO, the National Academy of Medicine and others have pointed to the major gaps in ensuring all countries can prevent, detect, and respond to outbreaks. Today, a pathogen like influenza has the potential to travel around the world within hours and could kill tens of millions of people, disrupt economies, and destabilize national security. Modelers predict the emergence of an airborne virus of this sort sometime in the next 10 to 15 years. The number and diversity of disease outbreaks has increased significantly since 1980, even controlling for differences in reporting. Figure 3 shows an analysis of WHO reports on the number of countries experiencing outbreaks in a given year. Climate change, globalization, urbanization, migration, conflict, and antimicrobial resistance contribute to the intensification.

Strengthening U.S. capacity remains urgent. But a wider view based on justice and global interconnection suggests that protecting Americans from global hazards is best accomplished through partnerships to strengthen health systems. The Global Health Security Agenda (GHSA), launched in 2014 with strong U.S. support has focused on building core health-system capacities. It has grown to over 60 member countries and marshalled extensive resources, including U.S. investments in 17 target countries. The WHO’s Joint External Evaluation (JEE) has provided detailed evaluations of health security capacity in approximately 100 countries.

Progress, however, has been far too slow. Many countries still do not have
sufficient capacity to prevent, detect, and respond to outbreaks, as demonstrated by JEE results. Future U.S. financing is uncertain even for the current 17 countries, while a significantly expanded set of countries needs support. The WHO’s Contingency Fund for Emergencies has consistently received far less than the $100 million requested, with nearly all of the funding in 2019 spent to fight Ebola.

Figure 3. Countries reporting disease outbreaks.

![Graph showing the number of countries reporting disease outbreaks from 1995 to 2017.](https://www.who.int/csr/don/archive/year/en/)

U.S. policy on global pandemic preparedness could address several opportunities. First, programs like the Centers for Disease Control and Prevention’s Global Disease Detection program have proven highly effective in expanding lab, surveillance, and human resource capacity in LMICs, but are hampered by insufficient resources. Second, improving synergies across U.S. supported programs could strengthen resilient systems if White House leadership prioritized cross-agency planning. There are promising examples. U.S. supported emergency operations for Ebola were recently expanded to prevent vertical transmission of HIV in Uganda, while health workers trained in Nigeria to fight HIV, TB, and polio were critical in responding to Ebola. Finally, with the need for U.S. support for global health emergencies growing, normalizing infrastructure and financing can help increase effectiveness of available response.
Preparing for and Preventing Climate-Sensitive Disease Outbreaks

Climate change is already causing illnesses and deaths, with risks projected to increase as climate change progresses. To avert increased health impacts, policies to curtail warming of the planet must be enacted. Meanwhile, preparing for and responding to rising risks of pandemic diseases are a critical component of effective climate policy. Poor and marginalized communities in LMICs will bear much of the burden.

Weather and climate affect the geographic range, seasonality, and intensity of vector-borne diseases. Overall, the effect on infectious diseases can be hard to forecast and depends on the degree of warming and local ecology. Mosquito-borne diseases such as malaria, dengue, yellow fever, chikungunya, and Zika viruses are likely to reach larger populations, with greater effect at higher levels of warming and with significant regional variation. Death rates from dengue, one major mosquito-borne virus, have already increased significantly and climate trends are one factor. Figure 4 uses data from the Global Burden of Disease study to compile trends in death rates from dengue. The Lancet Countdown project linked this to range and capacity for transmission of Aedes aegypti mosquitos, which have expanded by 3% since 1990 and are set to expand even further, according to modeling by Liu-Helmersson shown in figure 5. The public health emergency caused by the Zika pandemic of 2015–16 illustrates what happens as vector-borne diseases move into new regions with naïve populations.

Figure 4. Dengue death rates.
Severe storms and flooding linked to climate change in areas with poor infrastructure are likely to drive water-borne diseases like cholera—as seen in Mozambique recently. By 2060, up to 400 million people could be affected by extreme flooding events, with associated risks of infectious diseases. Hundreds of millions may be vulnerable to displacement by the end of the century—increasing the spread of infectious diseases if overcrowding and lack of safe water, food, and shelter are not addressed. Undernutrition has been identified as a major health impact of climate change, which increases risks from infectious disease. Marginalization based on gender, sexuality, and poverty will exacerbate these effects. Women’s and girls’ nutrition, for example, tends to suffer more during periods of scarcity, because they may be last in household food hierarchies.

U.S. foreign policy could prioritize climate adaptation and mitigation efforts that address infectious disease in LMICs. First, making use of increasingly robust climate projections, global health aid could be partly targeted to regions expected to experience increases in range, seasonality, and/or intensity of disease because of climate change. Investments in early warning systems to predict outbreaks alongside multi-use laboratory capacity and human resources could create synergies across pandemic-related U.S. programs that support climate adaptation and mitigation. Second, U.S. foreign policy could support multilateral financing efforts for health sector adaptation including through the Green Climate Fund (for which U.S.
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funding was cut under the current administration). Just $9 million out of over $1.5 billion of climate funding from multilateral agencies recently went to health.51

ECONOMIC IMPACTS

A growing number of studies document the economic costs of infectious disease, with the largest cost coming from current pandemics. LMICs are home to over a third of global GDP and are a major U.S. trading partner, including the fastest growing economies.52 U.S. economic health is linked to this global growth.53

Economic effects of disease start at the individual level. Malaria cases in Nigeria, for example, reduce weekly earnings by 10–15%, while testing and treatment increase earnings and productivity.54 At the national level, the WHO Commission on Macroeconomics and Health and follow-up studies show that better health is linked to GDP growth.55

To estimate the productivity costs associated with morbidity and premature mortality due to infectious diseases in LMICs, we used an analytic framework used by the WHO.56 We determined the productivity losses for a given country by multiplying the estimated number of disability-adjusted life years (DALYs) lost due to infectious diseases by the monetary value of a full year of health without any illness. That monetary value was imputed using GDP per capita minus the total health expenditure per capita in the country. Data on health expenditures, DALYs, and GDP were obtained from publicly available databases.57

Overall, infectious diseases are responsible for over 300 million DALYs lost in LMICs, and we estimate that this costs $1.695 trillion in lost productivity (table 1). We find that the losses of 95.7% of Disability-Adjusted Life Years due to infectious diseases are in LMICs, even though these countries account for 65% of the world’s population. (See annex 1 for more details on methods and country-level estimates.)

**Table 1. Economic impacts of infectious disease.**

<table>
<thead>
<tr>
<th>Country Type</th>
<th>Total Population</th>
<th>Total DALYs Lost due to Infectious Disease</th>
<th>Estimated Productivity Lost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low Income</td>
<td>834,538,750</td>
<td>109,739,098</td>
<td>$197,309,000,000</td>
</tr>
<tr>
<td>Middle Income</td>
<td>3,936,987,024</td>
<td>207,025,493</td>
<td>$1,494,220,000,000</td>
</tr>
<tr>
<td>All Countries</td>
<td>7,346,218,098</td>
<td>330,997,271</td>
<td>$1,691,529,000,000</td>
</tr>
</tbody>
</table>

Source: Authors calculations, see annex 1 at https://oneill.law.georgetown.edu/resources/
New outbreaks are particularly harmful and act as shocks to the economies affected. The World Bank estimated that the Ebola pandemic in Sierra Leone, Liberia, and Guinea cost $2.2 billion in 2015 alone. The cost of future pandemics like novel influenza would be higher, and estimates range from $60 billion to $80 billion.\textsuperscript{58} Income represents only part of the loss from a pandemic; approaches that also value the lives lost find much larger impacts, at $500 billion, or 0.6% of global income per year.\textsuperscript{59}

Meanwhile, strategic investments in a coordinated global-pandemics initiative would likely have a return ratio of between $17 and $20 on every $1 spent (table 2). The returns could be even higher, exceeding $100 per dollar, if the value of lives is included. Therefore, each $1 billion increase in investment could generate around $20 billion in returns to the global economy. This is highly consistent with a consensus that has emerged about the importance of investing in human capital.\textsuperscript{60} Increasing pandemic-related global health funding, then, represents a high-return opportunity that not only saves lives but also could bolster the global economy.
Table 2. Economic return on investment.\textsuperscript{61}

<table>
<thead>
<tr>
<th>Costs</th>
<th>Benefits</th>
<th>Return on Each $</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Investments in Gavi, Global Fund, and Global Polio Eradication Initiative</td>
<td>$10 billion /year</td>
<td>$200 billion</td>
<td>$20 Copenhagen Consensus Center</td>
</tr>
<tr>
<td>Pandemic Preparedness (not including cost of lives)</td>
<td>$4.5 billion /year</td>
<td>$80 billion in averted annual losses</td>
<td>$17.7 International Working Group on Financing Preparedness, 2017</td>
</tr>
<tr>
<td>Pandemic Preparedness (including cost of lives)</td>
<td>$4.5 billion /year</td>
<td>$490 billion in annual risk of pandemic, inclusive of mortality</td>
<td>$108.8 International Working Group on Financing Preparedness, 2017; and Fan, Jamison &amp; Summers, 2018</td>
</tr>
</tbody>
</table>

U.S. Financing to Fight Pandemics

The global gap between available and needed funding for pandemic-related global health challenges in LMICs is approximately $23–35 billion annually. This includes $14.5 billion for AIDS, TB, and malaria,\textsuperscript{62} and $4.5 billion for pandemic preparedness.\textsuperscript{63} Between $4–15 billion is estimated to be needed annually for climate-related health adaptation, yet only about $0.04 billion in development funding is available.\textsuperscript{64}

Table 3. Global funding gap for pandemic-related global health.

<table>
<thead>
<tr>
<th>Area</th>
<th>Funding Gap</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>HIV</td>
<td>$5.6 billion</td>
<td>UNAIDS</td>
</tr>
<tr>
<td>TB</td>
<td>$5.4 billion</td>
<td>World Health Organization</td>
</tr>
<tr>
<td>Malaria</td>
<td>$3.5 billion</td>
<td>World Health Organization</td>
</tr>
<tr>
<td>Pandemic Preparedness</td>
<td>$4.5 billion</td>
<td>National Academies of Medicine</td>
</tr>
<tr>
<td>Climate</td>
<td>$4–16 billion</td>
<td>UN Framework Convention on Climate Change, Lancet Countdown, World Bank (Elb et al.)</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>$23–35 billion</strong></td>
<td></td>
</tr>
</tbody>
</table>

To understand the U.S. investment in pandemic-related global health, we analyzed funding from the U.S. government from 2006 through 2019—which spans the administrations of Presidents Bush, Obama, and Trump. Data were gathered from final, enacted appropriations bills.\textsuperscript{65} Included in this analysis were funding to USAID, the CDC, the Department of Defense, and the Department of State for HIV, TB, malaria, global health security, and global vaccine efforts through Gavi. We do not include, in this particular calculation, necessary investments in overall global health infrastructure, including to the National Institutes of Health and to
child health, family planning funding, and other accounts. We also analyzed each presidential budget request from fiscal years 2010 to 2019 compared with the final enacted amounts.

$8.86 billion, or 0.19% of the U.S. federal budget, was appropriated in fiscal year 2019 for pandemic-related global health programs (figure 7). Little global health spending is used to address climate-sensitive disease, with no dedicated funding account (though needed programs could be funded through existing mechanisms).

Figure 7 shows the substantial growth in funding during the Bush administration, with the launch of PEPFAR—illustrating the role of presidential leadership. In recent years, funding for these programs increased only incrementally. In the first years of the Trump administration, the president has requested significantly less than Congress has appropriated (Figure 8). This shows strong congressional support, but that only small increases have been politically feasible without White House leadership.

Figure 7: Pandemic-related U.S. global health funding.

Source: Authors’ calculations based on congressional appropriations bills, with supporting data from the Kaiser Family Foundation. See Kaiser Family Foundation Global Health Tracker for more information. https://www.kff.org/interactive/budget-tracker/
As described above, the U.S. has made significant global investments in funding and political effort in several of our key focus areas—from CDC programs on pandemic preparedness to PEPFAR and many other efforts. Multiple works and commissions have explored or are now exploring the current architecture and future directions. Here we focus on a narrower proposition: how might a sharpened, expanded U.S. foreign policy strategy on pandemics, with high-level political support, be shaped to realize the possibilities described above?

First, health aid is particularly effective when it focuses on clear targets, gaps in capacity that other actors cannot fill, and a clear mission. Presidential leadership has proven particularly important for programs like PEPFAR and PMI, particularly in setting clear targets and incentivizing cross-agency work. Such efforts result not just in lives saved but “soft power” diplomacy and improved opinion of the U.S. Therefore one key shift in foreign policy could be to set specific, linked goals for “pandemics” as a whole that allow research and interventions to cut across agencies and link diplomatic, programmatic, and aid activities together.

Second, there is a set of cross-cutting areas where the U.S. government is particularly well positioned to have impact. Health workforce is key, with a current shortage to reach international goals projected at 14 million workers by 2030. Programs like the CDC’s Field Epidemiology Training Program, which builds surveillance and response capacity in LMICs, could be expanded, alongside funding to recruit, train, and employ community health workers. Workers recruited to

Figure 8: Pandemic-related global health funding: President’s budget request vs. final funding.

Source: Authors’ calculations based on congressional appropriations bills, with supporting data from the Kaiser Family Foundation. See Kaiser Family Foundation Global Health Tracker for more information. https://www.kff.org/interactive/budget-tracker/

**STRUCTURING EXPANDED U.S. GOVERNMENT EFFORT**

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respond to HIV or TB, for example, can respond to new outbreaks. Investing in laboratories is another cross-cutting priority—building capacities from monitoring HIV, to identifying drug resistant TB, to diagnosing Ebola. Surveillance along with early warning and risk modeling systems could bring together “big data” on the environment, population, and disease to target resources and save lives, particularly as risks increase under climate change. Deploying new technologies quickly, affordably, and accessibly in LMICs could be a particular U.S. contribution to a global effort—from cutting-edge vaccines and medicines spurred by NIH funding to drone technology for transporting laboratory samples, which is already being tested in the deserts of Arizona.

Third, a more multilateral approach has the potential to increase U.S. impact in ways synergistic with bilateral efforts. The Global Fund is a good example where U.S. investment leverages leadership from governments and civil society in the Global North and South in ways that build democratic institutions and civil society space. A new pandemics initiative could set a specific goal for increasing investment of dollars and collaboration in multilateral efforts through the U.N. and innovative financing institutions.

Finally, a specific set of shifts in U.S. foreign policy would be important. Engaging fully with U.N. activities and with global climate negotiations will be critical, as will shifting U.S. trade policy to support affordable medicines and supporting reform of the IMF and World Bank practices that undermine health systems. Eliminating policies that undercut the effectiveness of global health aid, like the ban on U.S. funding to groups that support abortion, is also key.

CONCLUSION

Action on pandemics is urgent. Time is short to get the AIDS, TB, and malaria responses back on track, build capacity to keep the inevitable next outbreaks from becoming pandemics, and adapt to the rising threat of climate-linked diseases. U.S. action on global pandemics could help return some of the $1.7 trillion currently lost due to infectious disease in LMICs to the global economy. In a context of rising global inequality, halting pandemics also addresses shared global challenges. With pandemic-related global health programs making up just 0.19% of the U.S. budget, increased resources and policy shifts could make a significant impact. Doing so would also be a powerful signal that reducing risks to American wellbeing is best, and most justly, accomplished through global engagement and smart global health investments.
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Notes


4 The definition of “pandemic” is widely debated. We use the term following David M. Morens, Gregory K. Folkers, and Anthony S. Fauci, “What Is a Pandemic?,” Journal of Infectious Diseases 200, no. 7 (2009): 1018–1021. Overall, this piece speaks to infectious diseases that are, by any measure, pandemics (e.g. HIV) as well as some that might be debated (e.g. TB in Southern Africa) as well as diseases that could become pandemic.


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65 We recognize assistance from Jennifer Kates and the staff at Kaiser Family Foundation for helping gather and this data. Analysis presented below is original to this paper. See Kaiser Family Foundation Global Health Tracker for more information on US appropriations bills. https://www.kff.org/interactive/budget-tracker/


